



Questions

What is insulin sensitivity? What are the factors that influence insulin sensitivity even in a healthy individual?

Many people with Type 2 diabetes mellitus are at risk of foot ulcers. From your understanding of how other complications of the condition arise, can you think of possible reasons why foot ulcers may develop?

A health promotion campaign encourages people to 'stave off diabetes mellitus' by having a healthy diet and exercising regularly. How accurate is this statement?